

INDEPENDENT Choice™

July 2019

Santa Cruz Organic
Organic Lemonade

2/\$4
32 oz



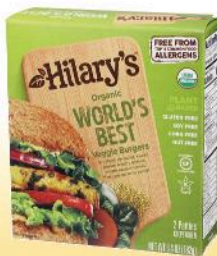
So Delicious
Organic Coconutmilk

\$3.49
64 oz



Hilary's
Organic
Veggie Burgers

2/\$5
6.4 oz



Alden's Organic
Organic Ice Cream
(selected varieties)

\$6.29
48 oz



Tasty Bite
Indian Entrée

2/\$4
10 oz



Kettle
Potato Chips
(selected varieties)

2/\$5
4.2-5 oz



Harmless Harvest
Organic Harmless
Coconut Water

\$3.79
16 oz



Annie's
Organic
Mac & Cheese
(selected varieties)

2/\$4
6 oz



Organicville
Organic BBQ Sauce

\$3.49
13.5 oz



Woodstock
Organic Relish
(selected varieties)

\$4.49
16 oz



Napa Valley Naturals
Organic Cold Pressed
Extra Virgin Olive Oil

\$9.99
25.4 oz



Prices & varieties may vary by location. Some items or varieties may not be available at all stores or on the same days in the month of July.

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Sunshine Burgers
Organic
Veggie Burgers

\$3⁴⁹

8 oz



Primal Kitchen
Mayo
with Avocado Oil

\$6⁴⁹

12 oz



Bubbies
Kosher
Dill Pickles

\$5⁷⁹

33 oz



Lightlife
Organic
Fakin' Bacon
Tempeh Strips

\$3²⁹

6 oz



Organic Valley
Organic Feta Cheese

\$4⁹⁹

8 oz



Muir Glen
Organic
Pasta Sauce

2/\$5

25.5 oz



Farmhouse Culture
Organic Kraut

\$5²⁹

16 oz



Annie's
Organic Dressing
(selected varieties)

2/\$6

8 oz



Go Veggie
Vegan Grated
Parmesan Style
Topping

\$2⁷⁹

4 oz



Annie's
Organic Ketchup

2/\$5

24 oz



Beyond Meat
The Beyond Burger

\$4⁷⁹

8 oz



Late July
Organic
Restaurant Style
Tortilla Chips

2/\$6

11 oz



Kerrygold
Pure Irish Butter
(selected varieties)

\$3²⁹

8 oz



Frontera
Salsa

\$2⁹⁹

16 oz



California Olive Ranch
Everyday
Extra Virgin
Olive Oil

\$6⁴⁹

16.9 oz



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C2O
Coconut Water
(selected varieties)

2/\$3

17.5 oz



Lakewood
Organic Pure
Beet Juice

\$4⁷⁹

32 oz



TASTE Paradise

www.drinkc2o.com

Sambazon
Organic Superfruit
Smoothie Packs
(selected varieties)

\$4⁷⁹

4/100 g



Silk
Almondmilk
(selected varieties)

\$3⁴⁹

64 oz



evamor
Alkaline
Artisan Water

\$1⁶⁹

64 oz



So Delicious
Coconutmilk Yogurt
Alternative

\$4⁷⁹

24 oz



KIND
Nuts & Spices Bar

4/\$5

1.4 oz



Chameleon Cold-Brew
Organic
Ready to Enjoy
Coffee

\$2⁷⁹

10 oz



Clif Bar
Organic Filled Bar

4/\$5

1.76 oz



The Mountain Valley
Spring Water

\$1⁷⁹

1 lt



Guayaki
Organic Sparkling
Yerba Mate

2/\$4

12 oz



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Cherry Kombucha Mocktail



12 oz ginger lemon kombucha
½ c cherry juice
8 red cherries, pitted
2 tsp cane sugar
4 fresh mint leaves

Divide cherries, sugar and mint leaves between two highball glasses. Muddle ingredients and add ¼ cup cherry juice per glass. Fill glasses with ice and top off with kombucha. Serve and enjoy!

R.W. Knudsen
Organic Just Tart
Cherry Juice

\$5⁴⁹

32 oz



Health-Ade
Organic Kombucha

2/\$6

16 oz



Blue Sky
Organic Soda

\$3⁷⁹

6/12 oz



The Ginger People
Gin Gins®
Ginger Candy
(selected varieties)

\$1⁷⁹

3 oz



Eternal
Naturally Alkaline
Spring Water

4/\$5

1 lt



Penta
Ultra-Purified
Water

\$1⁶⁹

1 lt



Terra Chips
Vegetable Chips
(selected varieties)

2/\$5

5-6 oz



Hope
Organic Hummus

2/\$6

8 oz



Beanfields
Bean Chips

2/\$5

5.5 oz



From The Ground Up
Cauliflower
Crackers

2/\$5

4 oz



Zevia
Zero Calorie Soda

\$3⁷⁹

6 ct



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Dandies
Vegan Vanilla
Marshmallows

\$2⁹⁹
10 oz



Annie's
Organic
Graham Crackers

\$3⁴⁹
14.4 oz



Theo
Organic
Chocolate Bar
(selected varieties)

\$2²⁹
3 oz



Endangered Species
Chocolate Bar

2/\$4
3 oz



Coconut Bliss
Organic Cookie Sandwich

\$3⁹⁹
5.25 oz



Pamela's
Traditional
Cookies
(selected varieties)

\$3¹⁹
6.25 oz



Go Raw
Organic Sprouted
Cookie Crisps

\$3⁴⁹
3 oz



Chocolove
Chocolate Bar

2/\$4
2.9-3.2 oz



Almond Breeze
Almondmilk
(selected varieties)

\$3⁴⁹
64 oz



Lily's Sweets
Premium Baking Chips

\$4⁷⁹
9 oz



Divine Chocolate
Chocolate Bar
(selected varieties)

2/\$5
3 oz



**HELPING RE-BUILD
AMERICA**

One Main Street at a Time.

**INDEPENDENT
WE STAND**

Powered by **STIHL**

To join Independent We Stand, please visit www.IndependentWeStand.org.

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REBBL
Organic Elixir

\$2⁹⁹
12 oz



Orgain
Organic Vegan
Protein Shake

\$1⁹⁹
11 oz



inner-eco
Probiotic
Coconut Water

\$15⁹⁹
15 oz



Garden of Life
Sport Organic
Plant-Based
Protein

\$38⁹⁹
806-840g



Happy Baby
Organic
Superfood Puffs

2/\$5
2.1 oz



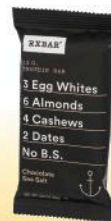
Vega
Sport Performance
Protein Single Pack

\$2²⁹
1.5-1.6 oz



RXBAR
Protein Bar
(selected varieties)

\$1⁶⁹
1.83 oz



Himalaya
Organic Ashwagandha

\$17⁴⁹
60 cap



Vibrant Health
Green Vibrance

\$39⁹⁹
12.5 oz



Fire Cider
Organic Apple Cider
Vinegar Tonic

\$11⁹⁹
8 oz



Amazing Grass
Green Superfood
Original

\$21⁹⁹
8.5 oz



REBBL + NOT FOR SALE

A BOTANICAL
REVOLUTION
FOR GOOD

\$1 MILLION
in donations to Not for Sale
*as of 8/2019

35,000
human trafficking
survivors supported

REBBL donates 2.5% of net sales to support Not For Sale's work around the world uplifting survivors of trafficking through shelter, education, health care, job training, and legal services.

Change up your beverage to change communities.
Learn more at REBBL.co

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Natural Factors
Vitamin C 500 Chewables

\$9⁹⁹

90 ct



Life-flo
Pure Magnesium Oil

\$6⁹⁹

8 oz



New Chapter
Zyflamend™
Whole Body

\$27⁹⁹

60 vcap



KAL
Magnesium
Glycinate 400

\$9⁹⁹

90 tab



Gaia Herbs
Turmeric Supreme
Extra Strength

\$17⁹⁹

60 cap



Jarrow Formulas
Jarro-Dophilus EPS
5 Billion

\$15⁹⁹

60 vcap



Dr. Bronner's
Organic Hand
Sanitizer

\$3⁴⁹

2 oz



Andalou Naturals
CannaCell®
Happy Day Cream

\$13⁴⁹

1.7 oz



Giovanni
2chic Ultra-Moist
Shampoo or
Conditioner

\$5⁴⁹

8.5 oz



Boiron
Calendula Cream

\$8⁹⁹

2.5 oz



Alaffia
Deodorant

\$4⁷⁹

2.65 oz



Natracare
Organic
Cotton Tampons

\$4⁹⁹

16 ct



ECOS
Laundry Detergent
(selected varieties)

\$9⁴⁹

100 oz



MegaFood
Daily Turmeric
Nutrient Booster
Powder

\$15⁹⁹

2.08 oz



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“Summertime is
always the best of
what might be.”
~Charles Bowden

Independent Choice™ specials are available at members of the Independent Natural Food Retailers Association store locations:

CONNECTICUT

Chamomille Natural Foods
5860 Newtown Rd, Danbury
It's Only Natural Market
575 Main St, Middletown
Nature's Temptations
32 Prospect St, Ridgefield
New Morning Market
129 Main St N, Woodbury

DELAWARE

Harvest Market
7417 Lancaster Pk, Hockessin

DISTRICT OF COLUMBIA

Glen's Garden Market
2001 S St NW, Washington
Yes! Organic Market
2123 14th St NW, Washington
1825 Columbia Rd NW, Washington
3809 12th St NE, Washington
3425 Connecticut Ave NW, Washington
4100 Georgia Ave NW, Washington
410 8th St SE, Washington

MAINE

Bath Natural Market
36 Centre St, Bath
Lois' Natural Marketplace
152 US Rte 1, Scarborough
47 India St, Portland
Morning Glory Natural Foods
60 Maine St, Brunswick
New Morning Natural Foods
3 York St, Kennebunk
230 Main St, Biddeford
Royal River Natural Foods
443 US Rte 1, Freeport
Uncle Dean's Good Groceries
80 Grove St, Waterville

MARYLAND

Chestertown Natural Foods
303 Cannon St, Chestertown
Community Garden Market
12824 Lanes Run Rd, Big Pool
David's Natural Market
5410 Lynx Ln, Columbia
1523 E Rock Spring Rd, Forest Hill
871 Annapolis Rd, Gambrills
Roots Market
16800 Georgia Ave, Olney
5805 Clarksville Square Dr, Clarksville
The Good Earth
Natural Foods Company
41675 Park Ave, Leonardtown
Yes! Organic Market
5331 Baltimore Ave, Hyattsville

MASSACHUSETTS

The Alternative Market
33 N Washington St, N Attleboro
Cambridge Naturals
23 White St, Cambridge
90 Guest St, Boston
City Feed & Supply
672 Centre St, Jamaica Plain
66A Boylston St, Jamaica Plain
Common Crow Natural Market
200 Eastern Ave, Gloucester
Cornucopia Foods
150 Main St, Northampton
Debra's Natural Gourmet
98 Commonwealth Ave, Concord
Down to Earth Natural Foods
751 Kempton St, New Bedford
The Good Seed
Natural Food Market
138 Central Ave, Seekonk

Guido's Fresh Marketplace
1020 S St, Pittsfield
760 S Main St, Great Barrington
Nantucket Greengrocer
8C Amelia Dr, Nantucket
The Natural Grocer
334 High St, Newburyport
Organic Market
640 Main St, Dennisport
31 Market St, Mashpee
Roots Natural Foods
100 Crawford St, Leominster

NEW HAMPSHIRE

Maggie's Market
14 Main St, Peterborough
Nature's Green Grocer
374 Union St, Peterborough
Portsmouth Health Food Center
151 Congress St, Portsmouth

NEW JERSEY

A-1 Nutrition Store
210 Main Ave, Passaic
Back to Nature
231 Rte 206 S, Chester
Basil Bandwagon Natural Market
38 Old Hwy 22, Clinton
276 US Hwy 202/31, Flemington
Green Acres Health Food Store
1297 Centennial Ave, Piscataway
Green Life Market
1388 Rte 23 N, Butler
238 Newton Sparta Rd, Newton
66 Morris St, Morristown
Green Street Market
3156 Rte 9 S, Rio Grande

Healthfair

Natural & Organic Food Market
625 Branch Ave, Little Silver
Healthway Natural Food Center
35 Riveredge Rd, Tenafly
Healthy Thymes Market
265 Rte 94, Vernon
Nature's Corner Natural Market
2407 State Rte 71, Spring Lake Heights
Nature's Nutrition
383 Brick Blvd, Brick
Nature's Pavilion
564 Rte 23 N, Pompton Plains
Pangaea Naturals
657 E Bay Ave, Manahawkin
Whole Earth Center
360 Nassau St, Princeton

NEW YORK

A Matter of Health
138 Rockland Plaza, Nanuet
1347 1st Ave, New York
1478 1st Ave, New York
Cornucopia Natural Foods
35 N Main St, Sayville
Down to Earth Whole Foods
305 Grant Ave, Endicott
Downtown Natural Market
1701 Church Ave, Brooklyn
51 Willoughby St, Brooklyn
8401 37th Ave, Jackson Heights
Food For Health
1653 3rd Ave, New York
Four Seasons Natural Foods
120 Henry St, Saratoga Springs
Good 'N Natural
2173 White Plains Rd, Bronx
Green Earth Health Market
4 Market St, Onconta
Green Organic Market
275 S Central Ave, Hartsdale
Green Planet Grocery
250W Seneca St, Ste C, Oswego
3514 W Genesee St, Syracuse
Hawthorne Valley Farmstore
327 Rte 21C, Ghent
Health Beat Natural Foods
214 Main St, Johnson City
Jandi's Natural Market
3000 Long Beach Rd, Oceanside
Kaaterskill Farm
Natural Storehouse
173 Healy Blvd, Hudson
3 Blvd Ave, Catskill
LifeThyme Natural Market
410 6th Ave, New York
The Local Food Market
37 N Main St, Cortland
8 Clinton St, Tully
Lori's Natural Food Center
900 Jefferson Rd, Rochester
Mother Earth's Storehouse
300 Kings Mall Ct, Kingston
1955 S Rd, Poughkeepsie
249 Main St, Saugerties
Nature's Pantry
1545 Rte 52, Fishkill
436 Bloomington Grove Tpk, New Windsor
Sunflower Natural Foods Market
75 Mill Hill Rd, Woodstock
24 Garden St, Rhinebeck
Uncle Sam's Good Natural Products
77 4th St, Troy
644 New Loudon Rd, Latham

PENNSYLVANIA

Big Bear Natural Foods
925 Lincoln Hwy, Morrisville
Bloom Naturally
307 Columbia Blvd, Bloomsburg
118 Walnut St, Danville
Earthlight Natural Foods
933 Ann St, Stroudsburg
Everything Natural
426 S State St, Clarks Summit
Everything Natural Under the Sun
3415 Pleasant Valley Blvd, Altoona
Frey's Better Foods
1575 Main St, Hellertown
The Healthy Grocer
3800 Trindle Rd, Camp Hill
Health Hut
1617 3rd St, Beaver
110 McMillen Ave, Beaver Falls
Kimberton Whole Foods
2140 Kimberton Rd, Kimberton
150 E PA Ave, Downingtown
1139 Ben Franklin Hwy E, Douglassville
239 Durham Rd, Ottsville
429 E King Rd, Malvern
222 E Main St, Collegeville
Leg Up Farmers Market
3100 N George St, York
Lemon Street Market
241 W Lemon St, Lancaster
Martindale's Natural Market
1172 Baltimore Pk, Springfield
Nature's Harvest
101 E Moreland Rd, Willow Grove
Nature's Pantry
2331 Commercial Blvd, State College
Organnons Natural Market
591 Durham Rd, Wrightstown
Poppy's Greengrocer
415 W Bridge St, New Hope
Sonnenwald Natural Foods
4796 Lehman Rd, Spring Grove

RHODE ISLAND

The Green Grocer
934 E Main Rd, Portsmouth

VERMONT

Natural Provisions
537 Railroad St, St Johnsbury
Natural Provisions Market & Deli
329 Harvest Ln, Williston

VIRGINIA

Better Thymes Natural Foods
417 S St, Front Royal
Ellwood Thompson's
4 N Thompson St, Richmond
Good Foods Grocery
3062 Stony Pt Rd, Richmond
Health Trail Natural Foods
10848 Warwick Blvd, Newport News
4858 George Washington Hwy, Hayes
HealthNut Nutrition
1701 Enterprise Dr, Lynchburg
Organic Food Depot
4301 Commuter Dr, Virginia Beach
1912 Granby St, Norfolk
Rebecca's Natural Foods
1141 Emmet St, Charlottesville

WEST VIRGINIA

Community Garden Market
148 N Washington St, Berkeley Springs
207 South Princess St, Shepherdstown
Good Natured
Market & Vegetarian Cafe
209 S Raleigh St, Martinsburg